

Manners Course

Lesson One: Homework

Marker Word

Pick a marker word. It needs to be short and a word that the whole family will be consistent with using. I like to use “yes” or “good” If you are going to pick the word “good” make sure it does not end up being “good boy” or “good”

- Grab 20 treats. Say your marker word then instantly feed a treat.
- Repeat this 20 times

Do this short training exercise for the next 5 days.

Attention game

20 times	Step	Distractions	Tips / notes
	Drop a treat on the floor next to your foot. Wait for your dog to look back up at you. Mark the instant your dog looks at you. Drop another treat on the floor	Very low: Inside away from low windows or normal household distractions	Don't prompt your dog. The eye contact must be voluntary
	Same as above	Moderately low: A new room inside	Same as above
	Same as above	Higher: Inside, with distractions such as running kids or near low window	Use higher value food
	Same as above	Moderately high: In your garden or equivalent	Same as above
	Same as above	High: Outside your front door	Use higher value food