

Manners Course

Lesson Two: homework

Attention game 2

10 times	Step	Distractions	Tips / notes
	Gab a hand full of food. Show the food to your dog then love your hand out to the side. Mark and reward for eye contact.	Very low: Inside away from low windows or normal household distractions	Give your dog one food reward from the hand that is holding out the treats.
	Same as above	Moderately low: A new room inside	Same as above
	Same as above	Higher: Inside, with distractions such as running kids or near low window	Use higher value food
	Same as above	Moderately high: In your garden or equivalent	Same as above
	Same as above	High: Outside your front door	Use higher value food

Sit

10 times	Step	Distractions	Tips / notes
	Put a treat between your thumb and index finger. Bring the treat from your dog's nose back over his head Mark the instant his bum hits the floor	Very low: Inside away from low windows or normal household distractions	• Give your dog several rewards for staying in a sit position
	Without any food in your hand. Say "sit" Mark and reward generously the instant his bum hits the floor	Very low: Inside away from low windows or normal household distractions	If your dog does not sit intently. Give him 30 seconds to work it out. Do NOT repeat the cue! Instead with an empty hand lure into a sit
	Same as above	Moderately low: A new room inside	Same as above
	Same as above	Same as above	Same as above

Settle

3 times	Step	Duration	Tips / notes
	Gab a hand full of food. Lure dog onto a mat. From the sit position place one treat between your thumb and pointer finger. Bring the treat from your dog's nose down onto the mat. Mark and feed treats in-between your dogs paws on the mat	30 seconds	<ul style="list-style-type: none"> • Give your dog several rewards for staying in a down position. • Put the treats on the mat not in your dogs mouth
	Place the mat on the floor. Wait for your dog to move towards the mat. Mark and drop a treat on the mat. Lure into a down position then Mark and reward in-between the paws	1 minutes	Same as above
	Same as above	1 minutes	Same as above
	Same as above	2 minutes	Same as above

Recall: The key component to teaching a reliable recall is to train a visual and verbal recall cue. I like to teach a hand touch as the dog can see it from a long way and it relies on the having to come right up to you. Have a think about what your recall cue will be. Avoid using just your dog's name as you regularly use their name through out the day!

10 times	Step	Distractions	Tips / notes
	Stand in front of your dog. Place your hand out flat to the side of your dog. Mark the instant your dog's nose touches your hand.	Very low: Inside away from low windows or normal household distractions	<ul style="list-style-type: none"> If your dog does not touch your hand. Remove your hand for a few seconds then try again
	Say your recall cue then put your hand out. Mark the instant your dog's nose touches your hand.	Very low: Inside away from low windows or normal household distractions	Same as above
	Same as above	Moderately low: A new room inside	Same as above
	Same as above	Moderately low: A new room inside	Same as above

Loose Lead Walking: The very first step to teaching your dog to walk nicely on lead is to teach them the reward zone. Good things happen when you stand next to me! It's important to work hard on this stage. This is by far the most important step to teaching a consistent loose lead walk.

2 times	Step	Duration	Tips / notes
	Place one treat between your thumb and index finger. From your dog's nose slowly lure your dog into the heel position. As soon as your dog gets into position and start to feed your dog one treat after another for staying in position	1 minute	<ul style="list-style-type: none"> • Make sure your dog is facing the same direction as you and is inline with your leg
	Same as above	2 minutes	If your dog sits, lure them back up into a standing position
	Same as above	3 minutes	Same as above
	Same as above	4 minutes	Same as above
	Same as above	5 minutes	Same as above